



buzan

Study Tips

for Students of ALL Ages!

Issue 2: September 2008

in This Issue

1. [Why do Students Procrastinate?](#)
2. [Did you know that ...](#)
3. [Buzan Study Skills Workshops - Sydney](#)
4. [Students' Comments](#)



Editor:

Will Naicker
MCom, MEdAdmin, BCom, BEdSt
Buzan Licensed Instructor
Director, Visionary Leaders

Mail:

P O Box 1092
DUNDAS NSW 2117
Australia

Phone:

(02) 8090 4107
0408 88 77 33

Website:

www.visionaryleaders.com.au

E-mail:

will@visionaryleaders.com.au

In conjunction with:
Buzan Centre Aust/NZ



Powered By

Hi Student

Why do Students Procrastinate?

It's 7.30. You've enjoyed a roast dinner with the family and are ensconced in your study after announcing that you will be studying for the rest of the evening.

So what causes the student/you to feel driven to first phone a friend, answer/initiate text messages, checking on favourite websites and blogs, sort out your CDs and DVDs, watch a 'reality' program, take a nap and so on before opening a textbook at 9.30?

Reasons:

- Don't believe that studying will make much of a difference to the test/exam outcomes
- No clear study plan
- Too large a block of time allocated to a task, e.g. read play from 7.30 to 10.30
- Vague study task, e.g. study textbook from page 1 to the end (page 487)
- Started studying immediately after consuming too large a meal
- Poor study environment. Poor lighting; lying on the bed; clutter; loud noise (masquerading as relaxation).

Your mission, if you choose to accept, is to work out what you need to do to eliminate these study blocks. Send me your answers if you would like some feedback.

Did you know that ...

- the Greeks so worshipped memory that they named a goddess after it – Mnemosyne? The memory technique, mnemonics is derived from her name.
- the ideal period of study time is between 10 - 50 minutes?

from "[USE YOUR MEMORY](#)" by Tony Buzan

Buzan Study Skills Workshops - Sydney

BUZAN STUDY SKILLS WORKSHOP:

Crows Nest Centre
Crows Nest
Saturday, 27 Sept 2008: 9.30-4.30

BUZAN SPEED READING WORKSHOP:

[CLICK](#) for more details and for online registration.

Students' Comments

"Great! I feel really motivated and enthusiastic. My HSC has more direction and I have clarity about how to approach the HSC as a whole. Thank you very much!"

"That I have learnt a lot of useful skills and that I feel more confident in my studies and other aspects of normal everyday to-do chores."

"Will made everyone feel comfortable and his personality made it easy to learn. Thanks."

I felt it was effective in teaching study skills and was impressed by the direction it was heading - without too much pressure, etc and frequent breaks."

"Very informative, fun & relaxing, while having many 'A-Ha' moments that are going to improve my studies 10 fold."

[Unsubscribe me from this mailing list](#)